

## **Norbulingka**

If you are looking for a place that has the serenity of nature along with being immersed in ancient arts, then Norbulingka has it all. In fact, Norbulingka is an institution dedicated to the Tibetan art culture located in the Kangra district of Himachal, which is working to preserve and carry forward the art tradition of Tibet for the generations to come. The Norbulingka Institute, located about seven kilometers from Dharamsala in Himachal Pradesh, was established in 1988 to preserve Tibetan culture, their writing and craftsmanship. Now it is one of the interesting places to visit.

On entering here, a different world opened up. The water flowing down the mountain was managed in such a way that it became a part of life along with artistic interest. The water coming from above was given the shape of two or three springs. In this, a stream was diverted in such a way that the water coming out of it could be used to turn a vessel filled with 'mane mantras'. Mana mantras have great significance in the Tibetan Buddhist tradition.

## **Learn Something New**

Norbulingka Art Culture is a dedicated institute, but it seems like a small neighborhood, where you can stay for a few days and get acquainted with the art culture and learn a lot of new things. Every activity here is mood refreshing. There are many things going on at the same time in every corner. While artifacts that can be kept in homes and art museums are prepared, on the other hand tools and clothes used in everyday use are prepared. Therefore, the tourists who come here do not only carry the memories of here with them, but they also carry the identity of a civilizational tradition with them.

There are also studios offering workshops related to Tibetan art for tourists, from wood carving tools to sculpture, painting, painting, weaving, sewing, etc. Here people are seen learning something or the other. There is also a separate arrangement for small children. To them the importance of making clay artifacts, learning to paint and workshops Workshops related to understanding are organized.

There is also a museum, a large collection of dolls. Throws light on the activities and costumes of the Tibetan people. The most important thing is that the goods made here are sold in their own big and artistically decorated shops. Among the items available here are Tibetan Buddhist paintings, thangkas and sculptures. Apart from this, cloth lamps, jewellery, embroidered clothes, carpets, wood and other metal tools are also found here.

## **Can Do Trekking Too**

Nearby is McLeodganj, which is known as the center of Tibetan culture. The city of Dharamsala is also not far from here. If you are fond of trekking, then you can go for Triund Trek. The

famous Dhauladhar mountain on the way to and from Norbulingka, The chain goes side by side, which is what makes you special. There is also a great cafe within Norbulingka, known as the Hummingbird Cafe.

Open from 7 am to 9 pm, this cafe serves vegetarian dishes from different corners of the world. There can be no better place to get relief from the ever increasing scorching heat, from learning arts and crafts to shopping for them. Above all, it is also a great place to understand Tibetan society. Workshops related to understanding are organized. There is also a museum, a large collection of dolls. Throws light on the activities and costumes of the Tibetan people.

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### **When And How To Go?**

The best time for tourism here is from March to October. Kangra airport is located at Gaggal a few kilometers before and this place is also connected to other parts of the country by road. Traveling by road instead of rail is not only easier but also cheaper. Government and private buses also run from Dharamsala to this place.